

# Be Curious, Not Judgmental: Regenerative Community Principles as Expressed in Ted Lasso with Rev. Janet Newton

"Most simply, 'to believe' meant 'to love.' Indeed, the English words 'believe' and 'belove' are related. What we believe is what we belove." — Diana Butler Bass

"I am convinced that [people] hate each other because they fear each other. They fear each other because they don't know each other and they don't know each other because they don't communicate with each other, and they don't communicate with each other because they are separated from each other." — Rev. Dr. Martin Luther King, Jr., from a speech delivered at Cornell College, October 15, 1962.

### Ringing the Bell

Welcome and Announcements

Susan Desmarais, Worship Host

Prelude

Peter Halperin

Call to Worship & Chalice Lighting

Rev. Janet

\*Opening Hymn Gathered Here

#389

Sharing of Joys and Concerns

Susan Desmarais

Silent Meditation (~2 minutes)

**Pastoral Prayer** 

Rev. Janet

**Sung Response** Spirit of Life

#123

## **Welcoming New Members**

#### **Congregational Response**

"We, the members of the Unitarian Universalist Society of Martha's Vineyard, welcome you to our shared journey of community, discovery, and celebration. We are grateful witnesses to the commitment you are making to combine your energies with ours in our work toward justice, equity and connection within our world. We pledge to join our strengths and talents with yours, believing that through our common effort we may better shape the meaning of our lives. May we work together to sustain this Society – this workshop of common endeavor – a place of comfort and challenge, a home from which to journey and return once again. We receive you with open hands and hearts. Welcome!"

\*Hymn (reprise) Gathered Here

#389

Offering Offertory Susan Desmarais Peter Halperin

#### Video Reading

\*Hymn Meditation on Breathing #1009

**Sermon** Be Curious, Not Judgmental Rev. Janet

Chalice Extinguishing As We Leave This Friendly Place #414

**Benediction** Rev. Janet

Postlude Let Your Heart Decide

Peter Halperin

So lost, can't find my way. Too scared to move, too scared to stay. Somewhere is the place I must go. Just how to find it I don't know.

My old plans got busted. My sign posts have been stolen. Even my thoughts can't be trusted. I feel all alone. I've got to

Let my . Let my faith be my guide.

and don't give in to my head or my pride.

Let heart decidemy heart decide.

Each life has moments of doubt, with pain that surrounds us, looks like no way out. Reach out for the hand you can't see, waiting there for you. It always will be.

When your old plans get busted and you sign posts have been stolen When even your thoughts can't be trusted and you feel all alone

Let your heart decide. Let your faith be your guide.

Don't be fooled by your head or your pride.

Let your heart decide.

Thank you to The Men's Group and Karen Sankey for volunteering to provide refreshments and service support for today's service.

#### **Need Someone to Listen?**

In addition to pastoral care being available from Rev. Janet, your Lay Ministers (Bill Bridwell, Jan Casey, Kevin Longval, Susan Desmarais) are available to lend support to anyone in our UUSMV community in their time of need by being available to listen and offer comfort. You can reach them individually by calling:

 Jan Casey
 508-942-3643

 Bill Bridwell
 774-563-8542

 Kevin Longval
 781-249-4712

 Susan Desmarais
 508-939-1350

or reach out to uu.society.mv@gmail.com for a direct contact (available to members and non-members).

