



Unitarian Universalist Society of Martha's Vineyard

January 12, 2024

"What's In Your Cup?"

The Importance of Celebrating and Honoring the People and Experiences We Are Most Grateful for In Our Lives
with Rev. Polly Simpkins

"Let us find the sacred deep within the ordinary, in the sweetness in our coffee and the bread on our table. Let us never miss a chance to praise what is good and let the rest go by."

- Donna Schaper from her book Prayers for People Who Say They Can't Pray

Ring the Bell

Welcome and Community Connection

Liz Loucks

Prelude

Jeremy Berlin

Opening Prayer and Chalice Lighting

Rev. Polly Simpkins

Song "You've Got a Friend" by Carole King

Jeremy Berlin

- lyrics at the end of program, please sing along!

Candles of Joy and Concern

Liz Loucks

Reading #1 "Noone Comes Into Your Life by Chance" by Joseph Andrus

Sheila Hanley

Musical Offering "Call It Dreaming" by Iron and Wine

Barbara Dacey, vocalist/Jeremy Berlin Piano

Offering

Offertory Music

Jeremy Berlin

Reading #2 "The Train of Life" by Vincent Moore

Bill Bridwell

Sermon and Collective Gratitude Ritual

Rev. Polly Simpkins

Reading #3 "Wherever You Are" by Maya Stein

Barbara Dacey

Closing Song “All You Need is Love” by The Beatles
- lyrics at the end of program, please sing along!

Jeremy Berlin

Benediction

Rev. Polly Simpkins

Postlude “Magic in the Ocean”

Jeremy Berlin

Lyrics on the attached page.

Thank you to our volunteers The Men’s Alliance for our service support, providing refreshments and for visual arts/flowers.

Pastoral Coverage and Care

Rev. Vicki Hanjian will provide pastoral care. She can be reached at 508-696-8225 or av.hanjian@verizon.net

Need Someone to Listen?

In addition to pastoral care being available from Rev. Vicky, your Lay Ministers (Bill Bridwell, Jan Casey, Kevin Longval) are available to lend support to anyone in our USMV community in their time of need by being available to listen and offer comfort.

You can reach them individually by calling: Jan Casey (508-942-3643),

Bill Bridwell (774-563-8542), Kevin Longval (781-249-4712) or reach out to uu.society.mv@gmail.com



Scan this QR Code to make a secure donation.

UUSMV Events

Monday, January 13, 10 -11:30 am: Project Connect Monday Group (Stevens Chapel)

Monday, January 13, 3-5 pm: Parish Committee (Zoom)

Tuesday, January 14, 2-3:30 pm: Project Connect Tuesday Group (Stevens Chapel)

Saturday, January 18, 10 am: Island Insight Meditation (all are welcome!)

Saturday, January 18, 4 pm: Movie and Potluck Discussion, Inside Out 2

Monday, January 20, 2 pm: Membership/Hospitality Committee (Zoom)

Saturday, January 25, 3:30 pm: Spiritual Book Club (Zoom)

Sunday, January 26, after the service: Annual Meeting

Tuesday, February 4, 4:30 pm: Worship Committee Meeting (Zoom)

Friday, February 7, 2 pm: Sewcial Action Knitwork

You've Got a Friend by Carole King

When you're down and troubled
 And you need some lovin' care
 And nothin', nothin' is goin' right
 Close your eyes and think of me
 And soon I will be there
 To brighten up even your darkest night
 You just call out my name
 And you know, wherever I am
 I'll come runnin'
 To see you again
 Winter, spring, summer or fall
 All you have to do is call
 And I'll be there
 You've got a friend
 If the sky above you
 Grows dark and full of clouds
 And that old north wind begins to blow
 Keep your head together
 And call my name out loud
 Soon you'll hear me knockin' at your door
 You just call out my name
 And you know, wherever I am
 I'll come runnin', runnin', yeah, yeah
 To see you again
 Winter, spring, summer or fall
 All you have to do is call
 And I'll be there, yes, I will
 Now, ain't it good to know that you've got a friend
 When people can be so cold?
 They'll hurt you, yes, and desert you And take your
 soul if you let them
 Oh, but don't you let them
 You just call out my name
 And you know, wherever I am
 I'll come runnin', runnin', yeah, yeah
 To see you again
 Winter, spring, summer or fall
 All you have to do is call
 And I'll be there, yes, I will
 You've got a friend
 You've got a friend

All You Need is Love by John Lennon and Paul McCartney

Love, love, love
 Love, love, love
 Love, love, love
 There's nothing you can do that can't be done
 Nothing you can sing that can't be sung
 Nothing you can say, but you can learn
 How to play the game
 It's easy
 Nothing you can make that can't be made
 No one you can save that can't be saved
 Nothing you can do, but you can learn
 How to be you in time
 It's easy
 All you need is love
 All you need is love
 All you need is love, love
 Love is all you need
 Love, love, love
 Love, love, love
 Love, love, love
 All you need is love
 All you need is love
 All you need is love, love
 Love is all you need
 Nothing you can know that isn't known
 Nothing you can see that isn't shown
 There's nowhere you can be that isn't where
 You're meant to be
 It's easy
 All you need is love
 All you need is love
 All you need is love, love
 Love is all you need
 All you need is love (all together now!)
 All you need is love (everybody!)
 All you need is love, love
 Love is all you need

